

Services offered by Atareira include

- family/whanau support (details inside)
- training and employment support with Whai Kahurangi
- an education service: skilled workers speak to schools, community organisations and workplaces on mental health issues and discrimination, from the perspective of those most affected
- a specialised library of books, videos, audio tapes and reference articles
- a regular newsletter

For any further information on any of the above services, contact us on:

Telephone: (04) 499-1049

Email: enquiries@atareira.org.nz

Family/ Whanau Support Service



mental health support for family/whanau

Acknowledgements

Community Organisation Grants Scheme (COGS)

Lottery Grants

Wellington City Council

Telecom



mental health support for family/whanau

Family/Whanau Support Service

- Atareira advocates for timely and appropriate intervention to relieve stress and worry for family, whanau and friends supporting someone with experience of mental illness.
- Involving families provides benefits that can often be vital to a person's recovery. Families can provide information and perspectives that can enhance clinical resources.
- Section 7a of the 1992 Mental Health Act requires clinicians to consult with family and whanau.

What we offer:

- face to face and telephone contact by mobile Fieldworkers
- education courses
- support groups in Kapiti, Porirua, Hutt Valley and Wellington
- peer support
- advocacy in relation to
 - clinical services
 - housing problems
 - public service agencies
 - legal processes

For further information, please contact:

Telephone: (04) 499-1062

Email: enquiries@atareira.org.nz

Referral to Atareira Family/Whanau Support Service

As a family member, you can contact a Fieldworker directly on:

Tel: (04) 499-1062

OR:

Email: enquiries@atareira.org.nz

We will respond by phone, fax or email, within two working days.

OR:

The service referring you can contact Atareira on your behalf, with your permission.

Family/Whanau Support Service Staff

Our fieldwork team covers Wellington, Porirua, Kapiti Coast, Upper & Lower Hutt and Wainuiomata.

Contact details:

Tel: (04) 499-1062

Fax: (04) 499-1063

Email: enquiries@atareira.org.nz

Post: Atareira

PO Box 355

Wellington